



WHEN IT COMES TO

— *parenting, you're* —

ON YOUR OWN.

TRUE OR FALSE

FALSE.

We've got your back.

Kids' needs vary, whether you're raising an infant or a teenager. From backup childcare resources to dozens of other services, we're here to help families with kids of all ages.

Call us any time to get help and referrals for:

- Adoption agencies
- Communicating with your teen
- Daycare, schools and summer camps
- Nanny and au pair services
- Parenting classes and support groups
- Pregnancy, childbirth and newborn questions
- Separation anxiety issues
- Sick-child care options
- Special-needs children resources

When you call, our advisors will listen to your needs and research options near you. You'll then get detailed information about each option, such as the services offered, costs, professional credentials and contact information.

Find extra support online.

You can also visit **liveandworkwell.com** to search our database for licensed childcare centers, access helpful articles on child and parenting challenges, and find checklists to help you choose a provider.

Call us today!

All calls and use of services are kept confidential. Referrals are free, but you may have to pay for any service that you use.

Real people. Real life. Real solutions.

855-409-7074

Or log on to liveandworkwell.com

Access code: bakerhughes

TTY 711

Services available vary depending on your benefit package. Please ask your health benefits representative for details.

The information provided is for educational purposes only and is not meant to provide medical advice or otherwise replace professional advice.