



TRUE ^{OR} FALSE

FALSE.

But doing an unfair amount of chores *can* add stress to your life.

Feeling like you're always the one scrambling to find daycare when your kid is sick or making dozen of calls to find a repairman? Save yourself the hassle by letting us take some things off your plate. Your WorkLife Services Benefit helps you save time by providing reliable information and referrals for hundreds of services.

How does it work?

A WorkLife advisor will conduct a search based on your needs using our extensive database. You'll then get a list of options detailing the services offered, costs, professional credentials and contact information. Instead of spending hours searching for the information yourself, just make one call to us!

You and your family can also find additional support online at liveandworkwell.com

There's no charge for referrals and access to liveandworkwell.com is always free. All records are kept confidential in accordance with federal and state laws

Adult and eldercare support

Adult day care programs
Financial and legal issues
Grief/Loss
In-home/Nursing care options
Retirement planning

Child and family support

Adoption resources
Childcare options
Day/Summer camps
Emergency/Sick-child care
Parent/Family support groups

Chronic illness and condition support

Affordable housing resources
Assistive technology
Caregiving services
Meal and transportation resources
Respite services

Convenience services

Car and home repair and maintenance
Pet services
Shopping, dining and recreation recommendations

Educational resources

Adult education classes
Career consulting
Home schooling
Individual educational plans
School and college recommendations

Real people. Real life. Real solutions.

Your WorkLife Services Benefit

855-409-7074

Or log on to liveandworkwell.com

Access code: bakerhughes

One quick call. Hundreds of real-world solutions.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change.